



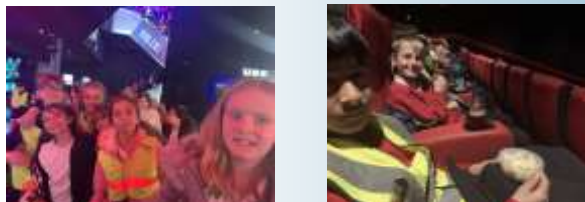
Newsletter

Friday 2nd December 2022

Odd Arts kindly came in and did a performance workshop with Year 1. The children had to demonstrate their feelings with actions, and made different faces for different emotions. They learnt to mime and freeze and performed part of the three little pigs in groups to our friends. It was brilliant! Thankyou Odd Arts!



Year 5/6 were lucky enough to have a trip to the cinema to watch a film for free courtesy of Into Film. Into Film gives every child and young person aged 5 to 19 in the UK the chance to experience film creatively. They had a fantastic time taking a ride on the tram to watch 'Sonic the Hedgehog 2' - what a treat!



Well Done to our TT Rockstar Champions!



Week ending:	Most Improved Improved	Highest Score
25th November	Nayan 3B	Abdul-Moez 5B
2nd December	Ella 4A	Abdul-Moez 5B George 4A

Christmas Plays

Nursery Singalong

7 Dec 9.30am

Reception Christmas Play

8 Dec 9.30am

KS1 Christmas Play

14 Dec - 9.30am & 2pm

We hope to see you there!



Music News!

MyHub, through One Education Music, continues to offer FREE out of school music centres to ALL Manchester children. Please copy this link: <https://sway.office.com/MUuv4cEjUZOJSuXy?ref=email&loc=play> to be directed to this term's newsletter to find out what has been happening, and for details of all end of term concerts.



Our Eco-Council have been very busy in school over the last few weeks checking each

and every classroom for electrical appliances left on or on standby when they haven't needed to be. The teachers have been left 'tickets' or calling cards from their Eco Councillor when they have been 'caught out'. A huge thank you to everyone involved for taking part. Well done Brookburn!



The Young Songwriter Competition is open for entries from February 2023 for both aspiring songwriters aged 8 years upwards who want to share their song writing or write their first song. If you'd like to enter, The Song Academy run a song feedback service giving tips & advice on lyrics, melodies & composition/structure as well as 121 online song clinics to help children develop their songs. Why not take a look at their website:

www.songacademy.co.uk



Our Choir Club have been busy rehearsing each Friday morning and will be performing for the school in a special assembly on Friday 16th December. Parents of choir members are invited to come and watch too!

Term Dates

Autumn Term

Fri 16 December - Break up 2 pm

NO After School Club

Spring Term

Tues 3 Jan – Return to school

Fri 17 Feb – Break up normal time

Mon 27 Feb – Return to school

Fri 31 Mar – **Break-up 2 pm**

NO After School Club

Summer Term

Fri 17 April – Return to school

Mon 1 May – School closed Bank Hol Thu

4 May School closed – Polling Day

Fri 26 May – Break up normal time

Tues 6 Jun – Return to school

Friday 21 July **Break up 2 pm**



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LOADS TO DO

Are you looking for activities to do with the family?

Visit the 'Loads to Do' website for activities and events across the city for children, young people and families.

www.loadstodo.co.uk

Call Manchester's
**FREE Cost of Living
Advice Line**

0800 023 2692

Lines are open
Monday-Friday, 9am-4.30pm
Text us on 07860 022 876
manchester.gov.uk/coladvice



COMING UP NEXT!

5th-9th December

Week 1 Menu

5th December

Clarinet and Flute Lessons (am)
Guitar and Steelpan Lessons (pm)

7th December

Violin and Cello Lessons
Nursery Christmas Sing-a-Long

8th December

Christmas Jumper Day
PTA Winter Disco
3.45pm-5pm (Rec & KS1)
5.15pm-6.30pm (KS2)

12th-16th December

Week 2 Menu

12th December

Clarinet and Flute Lessons (am)
Guitar and Steelpan Lessons (pm)

13th December

School Christmas Dinner
Senior Citizen's Christmas Party
(organised by Year 6 pupils)

14th December

Violin and Cello Lessons
Year 1/2 Christmas Play
(9.30am and 2pm)

15th December

Brookburn's Got Talent
(2-3pm)

16th December

Choir Assembly 9.10am
School Closes at 2pm for Christmas
NO After School Club



Introducing the UNICEF representative from 6b, who says:
"My favourite Article is Article 28: Every child has a right to education, because children who have an education will have better opportunities in their lives. They would have greater jobs and learn about their culture

and other cultures. Richer countries must help poorer countries achieve this.

At Brookburn, we are passionate about teaching and learning; we work so hard in order to deliver a varied and enjoyable curriculum for our pupils. We know that it is a child's right to education, which we value and celebrate!

Miss Kingsford - Unicef



Our current class 2A teacher, Mrs Hayes, will be leaving Brookburn at the end of this term to start an exciting new role in a specialist setting.

Mrs Hayes has had a huge impact on all the children that she has taught and will be missed at Brookburn.

To ensure a smooth transition, we have appointed Miss Kaye to teach the class from January. Miss Kaye has been working across the school since September 2022 and will be working closely with Mrs Hayes until the end of term.



Take the safe
route home



Please remind your children to take the safe route if they are walking home from school. Some children have been taking short cuts through carparks of residential flats near school and these are busy car parks with many visitors coming and going putting their safety at risk. Many thanks.



**Christmas Jumper Day -
Thursday 8th December 2022**

We will be helping to raise money for Save the Children on their 11th Christmas Jumper Day on the 8th December. For a donation of £1.00 children may come into school wearing a Christmas jumper. You don't need to buy a special Christmas jumper, why not get crafty and customise an old jumper with Christmas bling!

Thank you in advance for your support.





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Winter Disco Volunteers Needed! Thursday, 8 December

We need parent/carer volunteers to help with our Winter Disco.

If you are able to help, please sign up at

www.brookburnpta.com and indicate whether you would be available to help for the following timeslots:

Set up from 2-3pm

KS1 disco duties - 3-5pm

KS2 disco duties - 5-7pm

Clean up - 7- 8pm

If you haven't purchased your Winter Disco tickets, please go to www.brookburnpta.com. Tickets are £5 and will include entertainment from a professional DJ, hot dog, unlimited squash, and a visit from Santa.

Please note that all children attending the Reception/KS1 Disco (3:45-5pm) will require parent/carer supervision. If your child in Reception/Y1/Y2 would like to wear party clothes for the disco and would not have time to go home to get changed, parents can bring party clothes at pick up and get them dressed in their classroom before the disco starts.

Children attending the KS2 Disco (5:30-6:45pm) will need to be dropped off and picked up by a parent/carer.



School Streets Volunteer Marshal Sign Up

The PTA and SLT have been meeting with Manchester Council to develop a plan for the start of the School Streets trial which is likely to kick off in the new year. The frequency and days of the week which School Streets will be run is contingent on the availability of

volunteer marshals. We invite parents, carers, and other members of the community to fill out the

following form to indicate days when you may be available to help with marshaling.

Training will be provided to all volunteers. Volunteer shifts would be from 8:15-9:15am and 3:00-4:00pm.

<https://forms.gle/FqA7fkNVh6PBTf5w7>

For more information about the Brookburn School Streets trial, please go to www.brookburnpta.com and click on the School Streets link on the left.

Eco Helpers Volunteer Day - Thank you!

Thanks to the families who came out to our volunteer day. It was great to see some new faces and we had a very productive session re-filling sand pits, sweeping up the pond dipping platforms, and tidying the allotment beds. Please see some photos below. Our next volunteer day will be in January.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness; recognising when something isn't OK – and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces. Involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sorwar-Adim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.

