



Newsletter

Friday 3rd November 2023

<https://brookburn.manchester.sch.uk>



Spotlight on... Mrs Kay

I've really enjoyed my first half term at Brookburn and I want to thank the pupils, staff and families who have been so welcoming since my arrival from Barlow Hall.

I have thoroughly enjoyed seeing how well the children have settled into Year 1 from Reception and how the Year 2 children have been amazing role models for them to look up to.

As Assistant Head it has been great to get into all the classes within the phase. I've loved seeing the fantastic, high quality teaching and learning that is happening and being able to celebrate the successes of the children in all different areas of the curriculum. As well as being the Assistant Head for KS1, I have a varied role that includes being part of the Early Reading and Phonics team. These are two subjects that I have enjoyed leading on throughout my time as a teacher and I'm extremely passionate about.

Please do not hesitate to get in touch if you have any questions regarding any aspect of your child's learning in these areas and I'll be happy to support.



Bike/Scoot to School

Mon 13th Nov - Fri 17th Nov

We start our active travel work this year with 'Bike to School Week'! We are continuing to focus on how we can fight climate change and would encourage anyone who can cycle or scoot to school to do so.

All bikes and scooters must be locked and to assist with bike and scooter storage, we have three allocated areas, in addition to the regular bike store:

- 1) Along the outside of EYFS fence, to the right of the front building.
- 2) Both sides along fence to the left of the school entrance within grounds.
- 3) Within playground along rear fence.



PTA / GoHenry Partnership

Brookburn PTA has partnered with GoHenry to help raise funds for the school. GoHenry is a pre-paid debit card and financial learning app for children aged 6-18 yrs which aims to make kids smart with money and to help parents to nurture healthy financial habits in their children. The features have been designed for this age group, and to allow for safety and parent transparency at all times.

Children can use the app to set and reach saving goals, learn money skills using quizzes and videos, as well as budget with their pocket money and earn money if you wish to incentivise chores. The cards are printed with a choice of fun designs which children will love. Importantly, you as parents also receive real-time notifications to see where and how much your child has spent. Follow the link below to sign up and get 6 months free membership* and £5 free pocket money.

* charges will apply after 6 months

School will benefit from any membership initiated with this link. <https://gohenry-uk.siv.io/c/4261194/1601466/8511>



Your School Lottery

Why not play our lottery to support our school. It costs from just £1 per week and over 74% of ticket sales money goes to Brookburn and prizes. Please spread the word, anyone over 18 can play and there's a national prize fund of up to £25K plus the guaranteed Brookburn winner every week.

Sign up at:

<http://www.yourschoollottery.co.uk/> and search for *Brookburn*.

Thank you



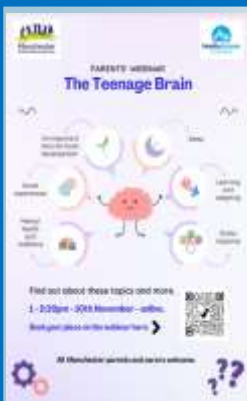
Intrahealth will be in school on **Thursday 9th November** to administer the **flu vaccine**. If you have not returned the consent form or have any queries, call Intrahealth direct on 0333 353397 press option 1, option 4 and one of their specialised team will be happy to help. Year 6 children will have their vaccine in the afternoon after they have returned from their cinema trip.



Newsletter

Friday 3rd November 2023

<https://brookburn.manchester.sch.uk>



Manchester Healthy Schools are holding a parents' interactive webinar that covers the main changes that happen to the brain during the teenage years.

The session will include: the three key areas of the brain, hormones that influence brain function, melatonin and sleep, how the brain works, the social brain, how learning about

the brain can help us understand teenage behaviour, and the role of parents in supporting young people at this time.

The session will take place on 10th November from 1pm - 2.30pm.

To book your place scan the QR code or visit:

<https://www.manchesterhealthyschools.nhs.uk/events/the-teenage-brain-parents-webinar>



The new digital edition of families magazine is now available for parents and carers to view [here](#) and includes lots of ideas of things to keep the children occupied in November and December:



Edie, Mary, Lizzie and Nancy came up with a novel way to raise money for Children in Need at the end of last half term. The girls collected conkers in a large jar and set up a 'Guess the Number of Conkers' stall outside school at the beginning and end of the day. Those wishing to take part paid a small fee to make their guess with a prize given to the closest guess. There were 293 conkers in the jar and the winner was Austin in Year 4 who guessed 294 - congratulations Austin!

In total, £75.50 was raised for Children in Need - very well done to all involved.



How do I know if my child is too ill for school?

The NHS have a very useful page that helps parents to decide whether their child should attend school. This covers infectious diseases and illnesses that we have to be careful we don't pass on to other children in the school.

You can find the information by following the link below:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

UK Sports have some places available on the following clubs.

Follow the link to book:

Tuesday Girls Football Year 3 to Year 6

3.30pm - 4.30pm

<https://uk-sports-coaching-ltd.classforkids.io/info/125>

Wednesday Mixed Football Year 1 to Year 6

3.30pm - 4.30pm

<https://uk-sports-coaching-ltd.classforkids.io/info/126>

Thursday Dodgeball Year 1 to Year 6

3.30pm - 4.30pm

<https://uk-sports-coaching-ltd.classforkids.io/info/127>



Little Belters Singing Assembly

At the end of last half term, Year 1-6 had a special singing assembly. The children started with a physical warm up, then moved onto a fun, fast paced vocal warm up before learning the song 'Roar' by Katy Perry which all the children sang together.

At the end of the assembly, some of the children gave the school a sneak preview of a very special song they will be singing at the 'Carols on Chorlton Green' on Thursday 23rd November as part of the Little Belters Singing Group.

If your child is interested in joining Little Belters and you would like to book a FREE taster session for your child, please follow the link below.

<https://little-belters.classforkids.io>
www.littlebelters.co.uk



'JustHelping' are working with Francis House and St Ann's hospice to raise money as part of their Christmas Tree Collection campaign and are asking for people to register to by scanning the QR code or following the link opposite.

Last year the collection raised

£63,078.99 for local charities so it is well worth doing.



Newsletter

Friday 3rd November 2023

<https://brookburn.manchester.sch.uk>



We have recently received complaints from local residents regarding parking. Driveways are being blocked by vehicles and parents are parking on private property. Please could parents park with courtesy ensuring that residents driveways are not blocked and parking is safe.

Thank you.

Term Dates

2023-2024

Thu 21 Dec

School closes at 2pm

Spring Term

Mon 8 Jan

Return to school

Fri 16 Feb

School closes for half term

Mon 19 - Fri 23 Feb

Half term holiday

Mon 26 Feb

Return to school

Thu 28 Mar

School closes at 2pm

for Easter

No After School Club

Summer Term

Mon 15 Apr

Return to School

Thu 2 May

School closed - INSET

Mon 6 May

School closed - Bank Holiday

Fri 24 May

School closes for half term

Mon 27 - Fri 31 May

half term holiday

Mon 3 Jun

Return to school

Fri 19 Jul

School closes at 2pm for

COMING UP NEXT!

Weekly

Monday

Flute/Clarinet lessons (am)

Guitar lessons (pm)

Steel pan lessons (pm)

Wednesday

Violin/Cello lessons (am)

Year 4 swimming lessons (pm)

Other Events

November

Mon 6th Nov

KS1 Reading

Workshop 5-6pm

Tue 7th Nov

Unicef Anti-bullying

Project with Barlow Hall

Thu 9th Nov

Flu Vaccine

Y6 Cinema trip (am only -

flu vaccine will be given in afternoon)

Fri 10th

Remembrance Assembly

Mon 13th - Fri 17th Nov

Anti-bullying week

Bike/Scoot to school week

15th Nov

Reading Buddies from

Chorlton High School

visiting Year 5

Sat 18th Nov

Den Volunteer Day

10.30am - 1pm

Mon 20th - Fri 24th Nov

Road Safety Week

Fri 24th Nov

EYFS Bird of Prey Visit

Mon 27th Nov

Height and Weight Checks

- Rec & Y6

Girl's Futsal Comp

Tue 28th

Progress Evening 3.45-7pm

Thu 30th Nov

SEND Coffee Morning

Progress Evening 3.45-6pm

December

Mon 4th Dec

Boys Futsal Comp

Thu 7th Dec

PTA non-uniform day and

Winter Disco



Week ending:	Most Improved	High Score	Class of the Week
Fri 3 Nov	Polly 4SF	Sebastian 3MC	6MS

School Lunches

Next week we will follow **Week 3** Menu.

Click on the menu below to view the full menu for the week:

Week 3 - Week beginning 6 November

Week 1 - Week beginning 13 November

You can view the full menu on our [website](https://brookburn.manchester.sch.uk/parents-carers/school-meals/)

<https://brookburn.manchester.sch.uk/parents-carers/school-meals/>



Christmas Events for Parents and Carers

Please see below some special Christmas events taking place that parents and carers are invited to:

Reception Nativity

Tuesday 12th December - 9.15am

Nursery Singalong

Wednesday 13th December 9.15am

Key Stage 1 Performance

Tuesday 19th December

9.15am and 2.15pm

Whole School Carols by Candlelight

Thursday 21st December 1.45pm - 2pm

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit nationalonlinesafety.com for further guides, facts and tips for adults.

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



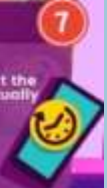
6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



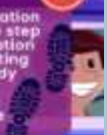
7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cathy Jørgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



National Online Safety

#WakeUpWednesday



@nationalonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety