

## Physical Education - Coverage, Scope & Sequencing

Brookburn's rationale behind the physical education curriculum design:

Physical Education is a vital part of every child's physical, social and cognitive development. At Brookburn Primary, movement matters; within PE lessons and across the wider curriculum and school day. Our school values are reflected in the inclusive and active units of work included in our PE curriculum.

We aim to give all pupils a secure foundation of skills and knowledge to prepare them for life beyond Brookburn. This promotes a positive experience of physical education, school sport and physical activity, encouraging pupils to go on to lead healthy, happy and active lives.

Our broad and balanced curriculum aims to:

- ...develop competence to excel in a broad range of physical activities,
- ...sustain physical activity for sustained periods of time,
- ...engage pupils in competitive sports and activities,
- ...teach pupils how to lead healthy, active lives.

We aim to emphasise the *education* in PE as much as the *physical*.

- Non-locomotor
- Locomotor
- Object manipulation
- Implement manipulation
- Strategic thinking
- Combinations
- Expressive and interpretative

Early Years						
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class Teacher Nursery	Fundamental movement skills  <i>Parachute</i>	Fundamental movement skills  Climb apparatus, use alternate feet  <i>Apparatus Parachute</i>	Fundamental movement skills  Ball Skills  <i>Parachute</i>	Fundamental movement skills  Climb up apparatus, alternate feet  <i>Apparatus Parachute</i>	Fundamental movement skills  Send and Receive  <i>Parachute</i>	Fundamental movement skills  Throwing, rolling, catch, jumping, balancing
	Locomotor	Locomotor	Object manipulation	Locomotor	Object manipulation	Object manipulation
Class Teacher Reception	Fundamental movement skills	Fundamental movement skills  <i>Body control - stops, starts, turns</i>	Fundamental movement skills	Fundamental movement skills	Fundamental movement skills	Fundamental movement skills
	Locomotor	Locomotor Non-locomotor	Object manipulation	Locomotor Non-locomotor	Object manipulation	Locomotor Non-locomotor
Key Stage 1						
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class Teacher Y1	Net & Wall	Gym	Dance	Target Games	Send & Receive	Strike and Field
	Object manipulation	Non-locomotor	Expressive and interpretative	Object manipulation	Object manipulation	Implement manipulation
UKS Y1	Fundamental movement skills	Net & Wall  Send with a bat/racquet	Gym	Fundamental movement skills	Invasion Games	Athletics  Run for speed & endurance
	Locomotor	Implement manipulation	Locomotor	Combinations	Strategic thinking	Locomotor

<b>Class Teacher Y2</b>	<b>Net &amp; Wall</b> . <i>Send with a bat/racquet</i>	<b>Dance</b> .	<b>Gym</b> . <i>Spin, Turn, Twist</i>	<b>Gym</b> . Pathways	<b>Athletics</b> .	<b>Strike and Field</b>
	Implement manipulation	Expressive and interpretative	Locomotor	Combinations	Locomotor	Object manipulation
<b>UKS Y2</b>	Movement skills 2	Invasion Games 2	Movement skills 3	Target Games 3	Target Games	Net & Wall
<b>Key Stage 2</b>						
<b>Year</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Class Teacher Y3</b>	<b>OAA</b> .	<b>Gym</b> . <i>Over, Around, Along</i>	<b>Dance</b> . <i>Interpret Bollywood</i>	<b>Gym</b> . <i>Points of contact</i>	<b>Net &amp; Wall</b> Tennis	<b>Strike &amp; Field</b> Rounders
	Strategic thinking	Locomotor	Expressive and interpretative	Non-locomotor	Implement manipulation	
<b>UKS Y3</b>	<b>Invasion Games</b> Football	<b>Health &amp; Fitness</b> . <i>Heart &amp; Lungs</i>	<b>Invasion Games</b> Tag Rugby	<b>Invasion Games</b> Handball	<b>Strike &amp; Field</b> Cricket <i>Bowling effectively</i>	<b>Athletics</b> .
		Combinations	Object manipulation		Object manipulation	
<b>Class Teacher Y4</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Swimming</b>
	Locomotor	Locomotor	Locomotor	Locomotor	Locomotor	Locomotor
<b>UKS Y4</b>	<b>Invasion Games</b> Hockey	<b>Invasion Games</b> Tag Rugby	<b>Invasion Games</b> Handball <i>Pass &amp; Move</i>	<b>Strike &amp; Field</b> Cricket <i>Batting effectively</i>	<b>OAA</b> .	<b>Net &amp; Wall</b> Tennis
	Implement manipulation	Combinations	Object manipulation	Implement manipulation	Strategic thinking	Implement manipulation
	<b>OAA</b>	<b>Gym</b>	<b>Strike &amp; Field</b>	<b>Net &amp; Wall</b>	<b>Athletics</b>	<b>Strike &amp; Field</b>

<b>Class Teacher Y5</b>	<b>.</b> <i>Problem solving as a team</i>	<b>.</b> <i>Leap &amp; Roll</i>	<b>Cricket</b> <i>Fielding effectively</i>	<b>Tennis</b> <i>Hitting the ball to move an opponent</i>	<b>.</b> <i>Jump high &amp; far</i>	<b>Rounders</b>
	Strategic thinking	Locomotor	Object manipulation	Implement manipulation	Locomotor	
<b>Yr 5 PPA</b>	<b>Invasion Games</b> Handball	<b>Invasion Games</b> Netball	<b>Invasion Games</b> Football	<b>Strike &amp; Field</b> Danish Longball	<b>Invasion Games</b> Ultimate Frisbee	<b>OAA</b>
				Strategic thinking	Object manipulation	Strategic thinking
<b>Class Teacher Y6</b>	<b>OAA</b> <b>.</b> <i>Beat your PB</i>	<b>Dance</b> <b>.</b> <i>Express the Tudor court</i>	<b>Gym</b> <b>.</b> <i>Group Counterbalance</i>	<b>Strike &amp; Field</b> <b>Cricket</b> <i>Batting into space</i>	<b>Invasion Games</b> <b>Ultimate Frisbee</b> <i>Send and receive</i>	<b>Athletics</b> <b>.</b> <i>Run for speed &amp; endurance</i>
	Strategic thinking	Expressive and interpretative	Non-locomotor	Implement manipulation	Object manipulation	Locomotor
<b>Yr 6 PPA</b>	<b>Invasion Games</b> Handball <i>Move a ball intentionally as a team</i>	<b>Invasion Games</b> Tag Rugby <i>Alter team position in Off &amp; Def</i>	<b>Invasion Games</b> Basketball <i>Control two balls</i>	<b>Strike &amp; Field</b> Danish Longball	<b>Strike &amp; Field</b> Rounders <i>Fielding</i>	<b>Net &amp; Wall</b> Tennis <i>Hitting the ball to move an opponent</i>
	Locomotor	Strategic thinking	Object manipulation	Combinations	Object manipulation	Implement manipulation

