## Please note our school meals meet the current government food based and nutrient based standards.

To choose your child's meal options, please complete the google form: https://forms.gle/jST7gBjmFkzLCYcb6

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cheese \& Tomato pizza with baked wedges | Pork Sausage roll with spiced wedges | Roast Chicken dinner with roast potatoes \& stuffing | Chicken Burger in a bun with chips | Jumbo Fish finger with potatoes of the day |
| Option 2 | Vegan Sausage roll with baked Wedges | Macaroni cheese with crusty bread | Quorn Fillet with roast potatoes \& stuffing | Quorn Nuggets with chips | Jacket Potato with a choice of fillings |
| Option 3 |  | Jacket Potato with a choice of fillings |  | Ham Sandwich |  |
| Vegetables | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread |
| Fruit | Fresh Fruit Yoghurts Dessert of the day | Fresh Fruit Yoghurts <br> Dessert of the day | Fresh Fruit Yoghurts Dessert of the day | Fresh Fruit Yoghurts Dessert of the day | Fresh Fruit Yoghurts <br> Dessert of the day |

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| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Meatballs served with pasta with the option to add a tomato sauce | Beef burger on a bun with potatoes of the day | Beef Spaghetti Bolognaise | Southern fried Chicken wrap with potatoes of the day | Fish of the day with chips |
| Option 2 | Quorn balls served with pasta with the option to add a tomato sauce | Quorn Burger on a bun with potatoes of the day | Jacket Potato with a choice of fillings | Southern Fried Quorn Wrap with potatoes of the day | Jacket Potato with a choice of fillings |
| Option 3 |  | Cheese Sandwich with salad |  |  |  |
| Vegetables | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread |
| Fruit | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts |
| Dessert | Dessert Of the day | Dessert Of the day | Dessert Of the day | Dessert Of the day | Dessert Of the day |

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| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Cheese \& Tomato Pizza with wedges | Meatball served with Ariabatta Sauce with Rice | Chicken Korma \& Rice | Chicken sausage with creamed potato | Fish of the day served with a tomato sauce topped with cheese |
| Option 2 | Vegetarian burger with wedges | Quorn Balls served with Ariabatta Sauce with Rice | Quorn Fillet Korma \& Rice | Quorn Sausage with creamed potatoes | Quorn Nuggets \& Chips |
| Option 3 |  | Ham Sandwich |  | Cheese Sandwich |  |
| Vegetables | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread | Vegetables of the day <br> Salad bar \& Crusty Bread |
| Fruit | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts |
| Desserts | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day |

