

Brookburn Primary School



Brookburn Road
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Headteacher – Jennifer Holden



Wednesday 11th February 2026

Dear Parents/Carers,

We have been advised that only children in Year 5 and Year 6 should fast, so if your child is in either of these year groups and you would like them to fast in school during Ramadan please sign the permission slip below or complete the google form: <https://forms.gle/APxbBvyxXrAWCmau6>
If we do not have permission from you, your child will not be allowed to fast in school and they will be expected to have lunch as normal.

Please be aware that we will closely monitor those children who are fasting and if they appear to be dehydrated or show any health problems we will advise them to eat and to drink. We would strongly recommend that during periods of warm weather and on days when the children will be taking part in P.E. lessons, that they should be drinking water to prevent dehydration.

Thank you for your assistance in this matter,

Kind regards,

Jen Holden
Head of School

Please return to school by Monday 23rd February 2026

I **give** permission for my child to fast during the period of Ramadan.

Signed Parent/Carer

Child's Name

Childs Class

