



Newsletter

Friday 17th March 2023

<https://brookburn.manchester.sch.uk>

Please note that the school will be **closed** on **Monday 8th May** due to the additional bank holiday for the Kings Coronation.

2023-2024 Term Dates are now available to view on our website: <https://brookburn.manchester.sch.uk>



Dear children and families at Brookburn, I feel extremely honoured and excited to be introducing myself to you all as the new SENDCo at Brookburn.

I am an experienced SEND lead, accredited Specialist Leader of Education for SEND and have a Masters in Inclusive Education and SEND.

I join Brookburn after working for 11 years in a school in Trafford where I taught right across the Primary age range in addition to my leadership responsibilities. I love working closely with teachers, children and their families and am keen to get to know you all.



When not immersed in the world of SEND, I enjoy being outside, playing the piano or spending my time running around after my two little boys and my cat, Bagheera.



Local Offer Drop-in sessions are held monthly in localities, these sessions offer a warm and welcoming environment

for parents and carers to meet other parents and get information and advice from a wide range of partners.

These include **Manchester's Parent Carer Forum (MPCF)**, **Parent Champions**, **Short Breaks/Local Offer** team, **Early Help**, **Educational Psychology Service**, **School Nursing**, and **community providers**. Dates and venues for drop-ins are published on the SEND (Special Educational Needs and Disabilities) Local Offer.

Sign up for the weekly Local Offer newsletter <https://content.govdelivery.com/accounts/UKMANCHESTER/bulletins/34d2033> This is sent as an email directly to your inbox and is packed full of useful information and events including the SEND Community Offer.



Parents and carers can join the Parent Champion Community through their Facebook page which provides peer to peer support and opportunities

to get involved in a range of activities.

Manchester Parent Carer Forum welcomes all parents and carers of children with SEND and provides support and opportunities to be involved in participation and coproduction.



Parents Evening

Don't forget to book!

Bookings for Parents Evening close **TONIGHT** at 11pm. If you haven't already done so, please book a slot so that you can discuss your child's progress with their class teacher. Please follow the instructions that have been emailed as bookings must be made via the School Cloud system. The evenings take place on Tuesday 21st March (face to face)

3.40pm - 7pm and Thursday 23rd March (video call)
3.40pm - 6pm.

Year 6 had a fantastic day at Stockport Air Raid Shelter and Staircase House learning how to be the best evacuees. It was a truly immersive WW2 day - the children still thought they were being evacuated even when they got back to school!



Week ending:	Most Improved	High Score	Class of the Week
10th March	Seb 3B	Joe Z 4A	6A
17th March	Seb 3B	Rosie 4B	6B



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COMING UP NEXT!

20-24th March

Week 1 Menu

20th March

Woodwind lessons (am)

Guitar lessons (pm)

Steel Pan lessons (pm)

21st March

Y5 Bikeability

Parents Evening (face to face)

3.40pm - 7pm

22nd March

Y5 Bikeability

Strings lessons (am)

Y4 swimming lessons (pm)

PTA Quiz (Bowling Green)

7pm

23rd March

Y5 Bikeability

Parents Evening (remote)

3.40pm - 6pm

24th March

Class 4A Assembly - 9.15am

27th-31st March

Week 2 Menu

27th March

Y5 Bikeability

Woodwind lessons (am)

Guitar lessons (pm)

Steel Pan lessons (pm)

28th March

Y5 Bikeability

29th March

Class 3B Assembly - 9.15am

Strings lessons (pm)

30th March

Class 4B Assembly - 9.15am

Y5 production at Cholrton High

7.15pm

31st March

PTA Welly Walk

School closes at **2pm**

for Easter Holidays

17th April

School opens for summer term

Woodwind lessons (am)

Guitar lessons (pm)

Steel Pan lessons (pm)



Children in class 3A welcomed their parents and carers into school this week for their class assembly where they were taken on a journey through a year in the life of 3A. They visited the Stone Age and the Tudor Monarchy where they analysed the reign of Henry VIII. There was art work inspired by Picasso and Jean-Michel Basquait and writing inspired by traditional tales from around the world. They shared what they learnt about the human body and nutrition and experimented with forces and magnets, they finished the assembly with Bollywood dances they had choreographed themselves. It was an amazing experience and the children were superb! What a fantastic way to share our learning



with our adults! Well done 3A!

Please find below the dates of other year 3/4 class assemblies

3B (Miss Kingsford)

Wednesday 29th March - **new date!**

4A (Ms Faulder)

Friday 24th March

4B (Mr Sumner)

Thursday 30th March



The Place2Be website has a range of parenting support and information including practical tips to support children's wellbeing and behaviour on a wide range of topics. To find out more visit: <https://parentingsmart.place2be.org.uk/>

Term Dates

2022-2024

Fri 31 Mar

Break up **2 pm**

NO After School Club

Summer Term

Mon 17 April

Return to school

Mon 1 May

School closed Bank Hol

Thu 4 May

School closed

polling day

Mon 8 May

School closed Bank Hol

Fri 26 May

Break up normal time

Tues 6 Jun

Return to school

Friday 21 July

Break up **2 pm**

NO After School Club

2023-2024

Autumn Term

Fri 1 Sep

Inset Day

Mon 4 Sep

Inset Day

Tue 5 Sep

School open to children

Fri 20 Oct

School closes normal

time

Mon 30 Oct

Return to school

Thu 21 Dec

School closes 2pm

No Dolphins after school

Spring Term

Mon 8 Jan

Return to school

Fri 16 Feb

Break up normal time

Mon 26 Feb

Return to school

Thu 28 Mar

Break up 2pm

No Dolphins after school

Mon 15 Apr

Return to school



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PTA Pub Quiz and Raffle

The PTA Pub Quiz is on Wednesday, 22nd March, from 7pm at the Bowling Green Pub. Pull together a team of up to six friends and purchase your tickets for £8/pp at www.brookburnpta.com. We will also be holding a fundraising raffle, with some fabulous prizes to be won. Raffle tickets can be purchased at the school office for £1. The Quiz and Raffle will help to raise much-needed funds for new school books, as well as field trips, and art and outdoor provision for our children. Email hello@brookburnpta.com for more info. We hope to see you there!



School Streets Update and Marshals Needed

Thanks to all the families who have been traveling actively to school and parking and striding during the first phase of the School Streets trial. The trial is now temporarily paused until after the Easter break when Manchester Council is expected to issue a revised Experimental Traffic Regulation Order. We would like to encourage families to continue walking and cycling when possible. Please can we remind families who are driving to school to park in the Chorlton Ees car park or a few streets away from the school. This will help us reduce congestion and increase safety on the approach to school.

The School Streets trial will aim to operate 5 days a week after the Easter break. However, we need more volunteer marshals to make that a reality. If you can spare one hour a week to help during the morning or afternoon school run, please submit your availability at this link <https://forms.gle/HrMCW215RFTouc7r5>.

For more info go to www.brookburnpta.com and click on "About Us", then "School Streets FAQ", or email activetravel@brookburnpta.com.

Welly Walk Sponsorship Forms

Your child will be bringing home a form to gather sponsors for the Welly Walk happening **Friday, 31st March**. This is an annual PTA fundraiser where pupils can raise money for the school by completing a 10-lap course of the school grounds, which is a distance of approximately 5km. Nursery and reception pupils will take part but there is no expectation that they complete the full 10 laps. On completing each lap of the woodland course, children will collect a sticker to add to their Welly Walk lanyard. On each even course lap, children will stop at a rest station where drinks and snacks will be provided by the PTA.



PTA Plant Sale and Open Gardens

Calling all green thumbs... we need your help. Please could you set aside any seedlings, cuttings, or spare plants for our PTA plant sale? We will be opening up the allotment and EYFS gardens as part of Chorlton Open Gardens on 24/25 June and will be selling the plants there as well as other days in front of school later this Spring. If you can help with the plant sale or Open Gardens, please email ecohelpers@brookburnpta.com.



Next PTA Eco Helpers Volunteer Day

Thanks to all the families who came out to help tidy up the school allotment and EYFS gardens. The allotment beds are now ready for students to do some planting, and the EYFS sand pit is topped up with garden beds looking very tidy. We are looking for a helper to coordinate these volunteer days, if you can help, please email ecohelpers@brookburnpta.com. The next Eco Helpers Day will be Saturday, 22nd April 11am-2pm.



All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, facts and tips for adults.

Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here –

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times; it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- Make time for the people and things that make you happy.
- Monitor your screen time and stick to your limits.
- On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- Exercise is a brilliant stress-buster; even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT

- If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- Follow people on socials who have the same values and morals as you.
- You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- Think about how it makes you feel when someone sends you a positive or funny message online.
- What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Clayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Inpage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



National Online Safety

#WakeUpWednesday

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